

Hello,

Thank you for your interest.

We are excited to offer a 4-day experience at Inzalo Ye Langa, also known as Adam's Calendar. Attendees are asked to arrange their own travel, accommodation, and catering for the trip. However, we are more than happy to provide recommendations for options in the area if needed.

## **Travel**

Emgwenya is a 2 hour and 45 minute (267km) drive from Johannesburg, with petrol costs around R315.00 each way. The roads are generally in good condition, though there were some roadworks on the N4 just past the Middleburg area when we traveled in June, causing about an hour delay. There are also a few tolls on the route, totaling R155.00 each way (Diamond Hill R30.00, Middleburg R50.00, and Machado R75.00).

## **Accommodation**

Accommodation is available at Incwala Lodge (<https://incwalalodge.com>). We have reserved Ezulwini House at the lodge for our weekend gatherings. Other cabins available on a first-come, first-serve basis include Umhlanga Cabin, Manzini Cabin, Umyezane Cabin, and Uthingo House. For your convenience, we have also compiled a list of nearby accommodations, accessible on our website: <https://healingpointconstellations.com/wp-content/uploads/2024/07/Inzalo-Accommodation-Options.pdf>

## **Catering**

Attendees are responsible for their own catering throughout the weekend. All accommodation suggestions provided are self-catering, but please confirm with the facility what is included. Lunch on Saturday is included and will be provided. For the Sunday tours, please bring a packed lunch, snacks, and refreshments for the day's outings.

**Itinerary: (Please note this itinerary is tentative and may be subject to change.)**

### **Friday, 25 Oct 2024**

- Self-drive to own accommodation
- Evening gathering at Incwala Lodge
- Dinner and evening at own accommodation
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### **Saturday, 26 Oct 2024**

- Breakfast at own accommodation
- Systemic and Family Constellations at Incwala Lodge
- Group lunch at Incwala Lodge (Included)
- Continued Systemic and Family Constellations at Incwala Lodge
- Dinner and evening at own accommodation
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### **Sunday, 27 Oct 2024**

- Early arrival at Incwala Lodge for a sunrise tour and experience at Adam's Calendar
- Drive to Stone Circle Ruins (Please pack own lunch and refreshments)

- Stone Circle Ruin tour and experience
- Dinner and evening at own accommodation

### **Monday, 28 Oct 2024**

- Breakfast at own accommodation
- Closing circle
- Depart

### **Fees:**

- **Travel:** Own cost
- **Accommodation:** Own cost
- **Catering:** Own cost

### **Included in the Fee**

- Weekend Gatherings
- Systemic and Family Constellation (*facilitation lead by Sonja Simak and her team*)
- Group lunch on Saturday, 26 October 2024
- Experienced Tour guide (Adam's Calendar and Stone Circle Ruins)
- Permit fee

**TOTAL: R3045** (Early Bird Special valid until 15 September 2024)

**TOTAL: R3550** (From 16 September 2024)

**Payment options available:** R1250 x 3 payments

To make a booking or for further information, please visit: <https://healingpointconstellations.com/birthplace-of-the-sun/>

Follow us on Facebook: <https://www.facebook.com/profile.php?id=61561448111406>

Thank you for your inquiry. We look forward to hearing from you!

Warm regards,  
Sonja and Penny